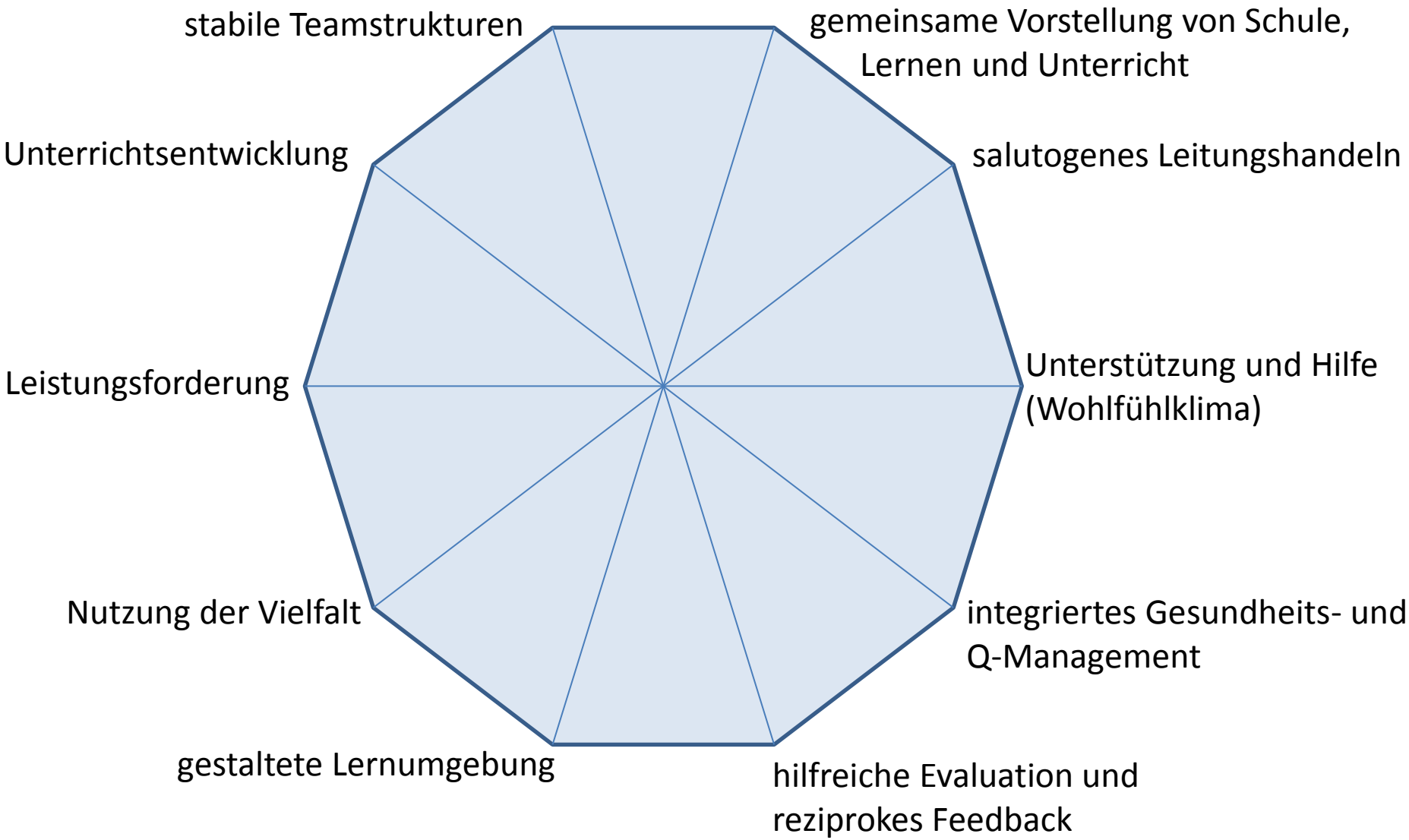Selbstdiagnose: Ist-Stand und Entwicklungsbedarf